

FOCUS Women's Resource Center
953 2nd St. SE
Charlottesville, VA 22902
<http://www.avenue.org/focus>
Facebook: FOCUS Women's
Resource Center or FOCUS Flea!
Twitter: @focusville



FOCUS Brown Bag Lunches

FOCUS Conference Room
953 2nd St. SE Charlottesville

Brown bag lunch seminars on Timely Topics for Women

Bring your lunch and your curiosity!

Here's some highlights of our planned speakers! Check out www.focusville.org for more speakers and updates!

January 27: Andrea Copeland,
(Wo)man in the Mirror

February 24: Hobby Parent, 10
Things You Need to Know about
Social Media in 2012

March 16: Hollie Lee, Starting
Your Own Business

April 13: Candace Schoner,
Getting Free Publicity

May 11: Marci Kramer,
Boomers and Medicare

June 15 Susanna Nicholson,
Living Lite

July 20: Sharon Petro, The WIN
Method: A Model for Optimal
Performance

August TBD: Kaye Monroe,
Conversations with Coach Kaye

September: TBD


October: TBD

November 16: Dr. Brycen
Hudock, Health and Chiropractic

December: TBD

FOCUS provides speakers on topics that matter to you most!

953 2nd St. SE (Ix Project off Elliott Avenue)



***Beverages and Dessert
provided by local
businesses!***

***RSVP appreciated as
space is limited:
434-293-2222,
focus@focusville.org,
or on our website
www.focusville.org***