



FOCUS Women's Resource Center
953 2nd St. SE
Charlottesville, VA 22902
<http://www.avenue.org/focus>
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Medicare & Healthcare Advocacy Night

with Marci Kramer, Medicare & Geriatric Health Advocate

If you have or will soon have Medicare, or you are an adult child trying to help your parent with issues as they get older, this free event is for you. Marci acts as your personal research assistant so you don't have to spend the time trying to understand all the complicated rules and regulations. She can cull information related to your Medicare or related insurance options, or give you resources for staying as well and active as possible as you age. She will guide your selection based on what's most important to you.



Free one-on-one
consultation. Bring
your questions on:

- Medicare and Medicare Supplement (Medigap) insurance
- You or your family member's health & well-being concerns (physical, social, mental, emotional health issues)
- Care coordination questions

Last Tuesday of every month at 5:30 p.m. beginning February 28, 2012

FOCUS Women's Resource Center, 953 2nd St. SE

Pre-registration required. No walk-in appointments. Call 434-293-2222

Your specialist: Marci Kramer's career in public and community health has spanned more than 20 years. As a Medicare and geriatric health advocate, she provides individuals and families with information to make informed decisions about their healthcare including unbiased guidance on Medicare insurance and strategies for maintaining or improving personal health. Her professional experience includes 7 years working for the Centers for Medicare & Medicaid Services (CMS), 2 years managing JABA (Jefferson Area Board for Aging) senior centers, 2 years working for United Health Group's Medigap and Medicare policy division, and 4 years with the Government Accountability Office (GAO). Marci holds a master's degree in Wellness Management & Gerontology from Ball State University's Fisher Institute for Wellness & Gerontology and a bachelor's degree in Finance from Virginia Tech University. She is a Certified Senior Advisor (CSA). She is also a FOCUS Board member.